

Book Study - Psalms

A tool to help with reading the Bible.



Produced by XA Denton Chi Alpha | UNT & TWU

Reading Checklist:

Psalm 1: ___
Psalm 2: ___
Psalm 3: ___
Psalm 4: ___
Psalm 5: ___
Psalm 6: ___
Psalm 7: ___
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Psalm 147: ____
Psalm 148: ____
Psalm 149: ____
Psalm 150: ____

Psalms:

Descriptions provided by Tyndale's New Living Translation Bible book preface

- Content:** Throughout our lives, we experience a wide range of emotions, such as joy, anger, peacefulness, frustration, despair, happiness, and anxiety. These feelings don't typically obey carefully scripted creeds. Music and poetry often seem to be the only way to express them fully. The book of Psalms speaks to this part of human experience through the poetic words of people who offered their feelings to God. Are you angry about something? The book of Psalms includes several prayers that express the same emotion (see Psalm 35). Are you afraid? So was David when he wrote Psalm 2. Are you frustrated by injustice? Psalm 79 laments this same situation. Likewise, Psalm 19 and Psalm 104 celebrate the incredible power of God as it is revealed in his creation. This collection of hymns and prayers touches every corner of the human soul. As with the psalm writers themselves, these honest expressions of feeling will draw you closer to the God who made you.
- Author:** David, Asaph, the songs of Korah, Solomon, Heman, Ethan, and Moses
- Date:** Between the time of Moses, about 1440 BC and the Babylonian captivity, 586 BC
- Purpose:** To provide poetry for the expression of praise, worship, and confession to God.
- Themes:** Praise, forgiveness, thankfulness, trust, reverence for God and his creation.

Milestones (Bibleproject.com)

- **Teaching the Word:** Focusing on the Hebrew Bible, Book 1 reminds readers to remain faithful to God's covenant and look forward to the Messiah's first – and second – coming.
- **Hope and a future:** Book 2 continues the momentum of prophecy and prayer, encouraging the Jews to look ahead towards a future King and New Jerusalem for all believers.
- **Remembering the promise:** Book 3 harkens back to Israel's Exile, teaching readers the dangers of rebellion and benefits of obedience. God's judgment and mercy are also key themes.
- **Origins and praise:** Book 4 recaps Israel's history with Moses and presents a picture of creation worshipping God as King. These bookends reveal our past and future.
- **The Messiah's victory:** Salvation and triumph resound in Book 5, disclosing the Messiah's victory over evil, praise from God's people, and the Torah's key role in Psalm 119.

For a video overview, visit: <https://thebibleproject.com/explore/acts>

BOOK #1

Psalms 1-7:

What are two things that you noticed about God's character in this section?

From what you read, what is something that you feel like God is showing you at this moment?

What is something that you learned or were challenged by that you can apply to your life?

What is something you read in this passage that you did not previously know or understand?

Additional Notes:

Psalms 8-15:

What are two things that you noticed about God's character in this section?

From what you read, what is something that you feel like God is showing you at this moment?

What is something that you learned or were challenged by that you can apply to your life?

What is something you read in this passage that you did not previously know or understand?

Additional Notes:

Psalms 16-23:

What are two things that you noticed about God's character in this section?

From what you read, what is something that you feel like God is showing you at this moment?

What is something that you learned or were challenged by that you can apply to your life?

What is something you read in this passage that you did not previously know or understand?

Additional Notes:

Psalms 23-29:

What are two things that you noticed about God's character in this section?

From what you read, what is something that you feel like God is showing you at this moment?

What is something that you learned or were challenged by that you can apply to your life?

What is something you read in this passage that you did not previously know or understand?

Additional Notes:

Psalms 30-36:

What are two things that you noticed about God's character in this section?

From what you read, what is something that you feel like God is showing you at this moment?

What is something that you learned or were challenged by that you can apply to your life?

What is something you read in this passage that you did not previously know or understand?

Additional Notes:

Psalms 37-41:

What are two things that you noticed about God's character in this section?

From what you read, what is something that you feel like God is showing you at this moment?

What is something that you learned or were challenged by that you can apply to your life?

What is something you read in this passage that you did not previously know or understand?

Additional Notes:

BOOK #2

Psalms 42-49:

What are two things that you noticed about God's character in this section?

From what you read, what is something that you feel like God is showing you at this moment?

What is something that you learned or were challenged by that you can apply to your life?

What is something you read in this passage that you did not previously know or understand?

Additional Notes:

Psalms 50-56:

What are two things that you noticed about God's character in this section?

From what you read, what is something that you feel like God is showing you at this moment?

What is something that you learned or were challenged by that you can apply to your life?

What is something you read in this passage that you did not previously know or understand?

Additional Notes:

Psalms 57-64:

What are two things that you noticed about God's character in this section?

From what you read, what is something that you feel like God is showing you at this moment?

What is something that you learned or were challenged by that you can apply to your life?

What is something you read in this passage that you did not previously know or understand?

Additional Notes:

Psalms 65-72:

What are two things that you noticed about God's character in this section?

From what you read, what is something that you feel like God is showing you at this moment?

What is something that you learned or were challenged by that you can apply to your life?

What is something you read in this passage that you did not previously know or understand?

Additional Notes:

BOOK #3

Psalms 73-79:

What are two things that you noticed about God's character in this section?

From what you read, what is something that you feel like God is showing you at this moment?

What is something that you learned or were challenged by that you can apply to your life?

What is something you read in this passage that you did not previously know or understand?

Additional Notes:

Psalms 80-85:

What are two things that you noticed about God's character in this section?

From what you read, what is something that you feel like God is showing you at this moment?

What is something that you learned or were challenged by that you can apply to your life?

What is something you read in this passage that you did not previously know or understand?

Additional Notes:

Psalms 86-89:

What are two things that you noticed about God's character in this section?

From what you read, what is something that you feel like God is showing you at this moment?

What is something that you learned or were challenged by that you can apply to your life?

What is something you read in this passage that you did not previously know or understand?

Additional Notes:

BOOK #4

Psalms 90-97:

What are two things that you noticed about God's character in this section?

From what you read, what is something that you feel like God is showing you at this moment?

What is something that you learned or were challenged by that you can apply to your life?

What is something you read in this passage that you did not previously know or understand?

Additional Notes:

Psalms 98-106:

What are two things that you noticed about God's character in this section?

From what you read, what is something that you feel like God is showing you at this moment?

What is something that you learned or were challenged by that you can apply to your life?

What is something you read in this passage that you did not previously know or understand?

Additional Notes:

BOOK #5

Psalms 107-113:

What are two things that you noticed about God's character in this section?

From what you read, what is something that you feel like God is showing you at this moment?

What is something that you learned or were challenged by that you can apply to your life?

What is something you read in this passage that you did not previously know or understand?

Additional Notes:

Psalms 114-118:

What are two things that you noticed about God's character in this section?

From what you read, what is something that you feel like God is showing you at this moment?

What is something that you learned or were challenged by that you can apply to your life?

What is something you read in this passage that you did not previously know or understand?

Additional Notes:

Psalms 119:

What are two things that you noticed about God's character in this section?

From what you read, what is something that you feel like God is showing you at this moment?

What is something that you learned or were challenged by that you can apply to your life?

What is something you read in this passage that you did not previously know or understand?

Additional Notes:

Psalms 120-126:

What are two things that you noticed about God's character in this section?

From what you read, what is something that you feel like God is showing you at this moment?

What is something that you learned or were challenged by that you can apply to your life?

What is something you read in this passage that you did not previously know or understand?

Additional Notes:

Psalms 127-135:

What are two things that you noticed about God's character in this section?

From what you read, what is something that you feel like God is showing you at this moment?

What is something that you learned or were challenged by that you can apply to your life?

What is something you read in this passage that you did not previously know or understand?

Additional Notes:

Psalms 136-143:

What are two things that you noticed about God's character in this section?

From what you read, what is something that you feel like God is showing you at this moment?

What is something that you learned or were challenged by that you can apply to your life?

What is something you read in this passage that you did not previously know or understand?

Additional Notes:

Psalms 144-150:

What are two things that you noticed about God's character in this section?

From what you read, what is something that you feel like God is showing you at this moment?

What is something that you learned or were challenged by that you can apply to your life?

What is something you read in this passage that you did not previously know or understand?

Additional Notes:

Next, choose one of the following companions

1. *Genesis* - 50 chapters
2. *The Torah* (Exodus - Deuteronomy) - 133 chapters
3. *Joshua and Judges* - 45 chapters
4. *Ruth and Esther* - 14 chapters
5. *The Kings* (1 Sam - 2 Chronicles) - 177 chapters
6. *After Babylon* (Ezra, Nehemiah, Daniel) - 35 chapters
7. *Psalms* - 150 Psalms
8. *Poetry* (Job, Proverbs, Ecclesiastes, Song of Songs) - 93 chapters
9. *Isaiah & Ezekiel* - 110 chapters
10. *Jeremiah and Lamentations* - 57 chapters
11. *Minor Prophets, Pre-Exile* - 43 chapters
 - (Hosea, Joel, Amos, Jonah, Micah, Nahum, Habakkuk)
12. *Minor Prophets, Post-Exile* - 24 chapters
 - (Zephaniah, Obadiah, Haggai, Zechariah, Malachi)
13. *Synoptic Gospels* (Matthew, Mark, Luke) - 68 chapters
14. *John* - 21 chapters
15. *Acts* - 28 chapters
16. *Paul's Letters to churches* - 59 chapters
 - (Romans, 1 & 2 Cor., Galatians, 1 & 2 Thes.)
17. *Paul's Prison Epistles* - 15 chapters
 - (Ephesians, Philippians, Colossians, Philemon)
18. *Paul's Letters to people* (1 & 2 Timothy, Titus) - 13 chapters
19. *Apostle's Letters* (Hebrews, James, 1 & 2 Peter, 1 2 3 John, Jude) - 34 chapters
20. *Revelation* - 22 chapters